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December 8, 2005

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Food and Drug Administration Office of Special Nutritionals (HFS-800) Center for Food Safety and Applied Nutrition 200 C Street, SW Washington, DC 20204

Dear Sirs:

Notice is hereby given pursuant to the requirements of section 403(r)(6)(21 U.S.C. 343 (r)(6)) of the Federal Food, Drug, and Cosmetic Act in accordance with the requirements of 21 CFR101.93, that Swanson Health Products, 4075 40th Avenue SW, Fargo, ND 58104, within the past 30 days commenced marketing a dietary supplement bearing the following statement(s) on the label and/or in the labeling:

Memory support.

For all Swanson branded products containing Bacopa monnieri (as a single ingredient or in combination with other ingredients), the preceding claims may be made and are fully substantiated.

The label statement is accompanied by the following disclaimer: \*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

The undersigned certifies that the information contained in this notice is complete and accurate and that Swanson Health Products has substantiation that the statements are truthful and not misleading.

Sincerely,

Roxanne England, Compliance Specialist

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